AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY

Ayaam Fatimiyya

THE DAYS OF FATIMAH (A)

PROJECT BOOKLET

1440 AH | 2019

Prophet Muhammad (s):
If goodness and virtue was in the form of a person, surely that person would be Fatimah.

Letter from Moulana

Salāmun Alaykum,

May Allāh bless you and your families.

Our sincerest condolences to the Imām of our time, Imām Mahdī (AJ), our great Marāji and scholars, the Muslim Ummah, and all the believers on the commemoration of Sayyidah Fātimah's (a) shahādah.

Dear brothers and sisters, as we all know Sayyidah Zahrā' (a) gave special attention to teaching, nurturing and raising her kids. In these days of the martyrdom of our beloved Sayyidah Fātimah (a), we learn different aspects of her life. From her sadaqah, to her prayers, to her connection to the Holy Quran, and to her special tasbih. By the grace of Allāh, our team of scholars and educators at Kisa Kids had the tawfīq to put together this booklet for the days of Fātimah (a). These 5 lessons will insha'Allah help our kids to benefit, learn few points from the life of our beloved lady Sayyidah Fātimah az-Zahra' (a), and do special activities for each lesson so that they can keep it and remember it.

Whether it is through activities at the masjid or at home, take these days as an opportunity to learn from the life of our beloved Sayyidah Fātimah (a) and remember to connect each day with one of her characteristics so our children can build a long, life lasting connection to Sayyidah Zahra (a). This connection will help them build their Islamic character by learning about being generous, praying for others, helping the needy, and keep Allāh (swt) and Ahlul Bayt (a) as their lanterns throughout their journey in this life. This will be a key in strengthen their identity as Muslims in the West.

We pray that Allāh gives us the tawfīq to fulfill our duties and responsibilities towards our children, the future generation of ambassadors of Islam in this part of the world.

With Dua's
Nabi R. Mir (Abidi)

Lesson 1: Tasbih of Sayyidah Fatimah (a)

Objective: Children will learn about the tasbih of Sayyidah Fatimah (a) and the importance of reciting it after salaah.

Time: 40 minutes

Suggested Ages: 5+

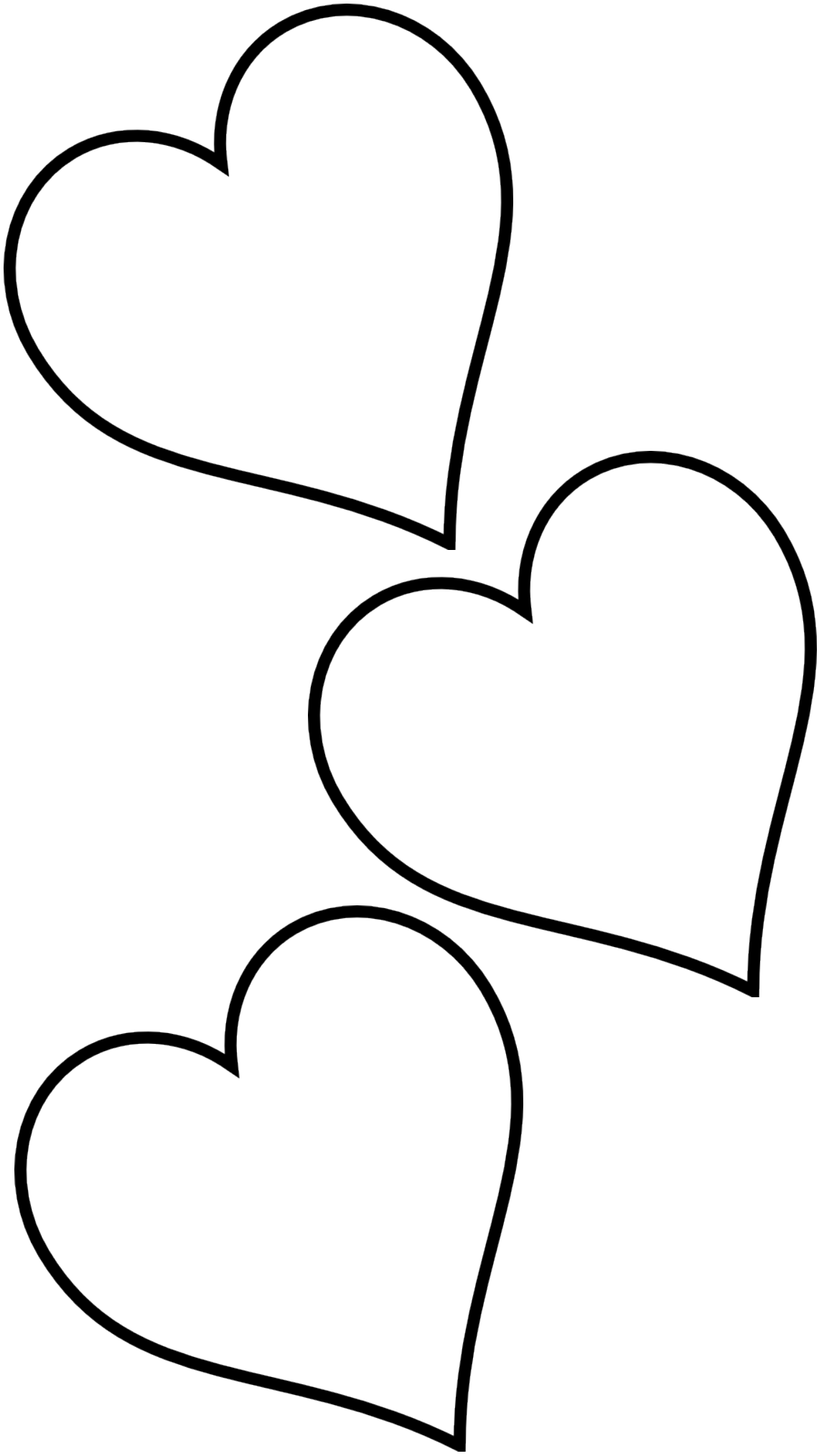
Materials:

- Heart Flower template
- Premade scented cotton balls
- Crayons/Colored Pencils
- Scissors
- Glue

Procedure:

1. **SAY:** Salaamun Alaikum! Can anyone tell me why we are here today? (Wait for responses).
2. **SAY:** Yes, we are here to talk about Sayyidah Fatimah (a) during the days of her shahaadat. What are some things you know about Sayyidah Fatimah (a)? (Wait for responses).
3. **SAY:** Great responses! Sayyidah Fatimah (a) was a very hard worker. She used to ground the wheat herself, bring water from outside, and constantly work in the house. One day the Prophet (s) saw this and gave her a gift from Allah in the form of divine words. He advised her to recite "Allahu Akbar" 34 times, followed by "Alhamdulillah" 33 times, and "Subhanallah" 33 times. She made a tasbih by knotting blue wool. Later she would use the earth from the grave of the Prophet's uncle Hamza to make clay beads. Now it is preferred to use clay from where Imam Husain (a) is buried. This came to be known as the Tasbih of Fatimah Zahra, a gift from Allah to Sayyidah Fatimah (a) to help her overcome her difficulties and hardships. Who knows when we recite this tasbih?
4. **SAY:** Mashallah! Imam Ja'far as-Sadiq (a) has said, "[reading] the Tasbih of Fatimah Zahra (a) after every wajib salah is more loved than praying 1,000 rakats every day." That is a lot of thawaab for reciting this tasbih! Salaah is like a beautiful flower, and Tasbih of Fatimah Zahra (a) gives that beautiful flower a beautiful fragrance. So after every salaah we should read Tasbih of Fatimah Zahra (a) because we want our salaah to be like a beautiful flower with a beautiful fragrance.
5. At this time, hand out the the flower heart template. Have the children color the hearts and rectangle shape. The hearts will make the flower and the rectangle will be the stem.
6. Next, the children should cut out the hearts and the rectangle.
7. Now, they should arrange the hearts such that they look like a flower and glue them in place.
8. Then, they should glue their flower shape onto the rectangle stem at the end labeled "A." They should glue the middle of the flower on top of the "A."
9. Then, help the children glue the scented cotton balls in the center of their flower.
10. *Optional*: the flowers can be made using colored construction paper, straws, and a single hole puncher. Have the children slide the heart flower through the straw. Be sure to keep a little bit of the straw poking through on the top. Then, help the children glue the scented cotton balls onto the tip of the straw.

A



Lesson 2: Wisdom of the Quran

Objective: Children will learn about the importance of reciting the Quran regularly.

Time: 40 minutes

Suggested Ages: 5+

Materials:

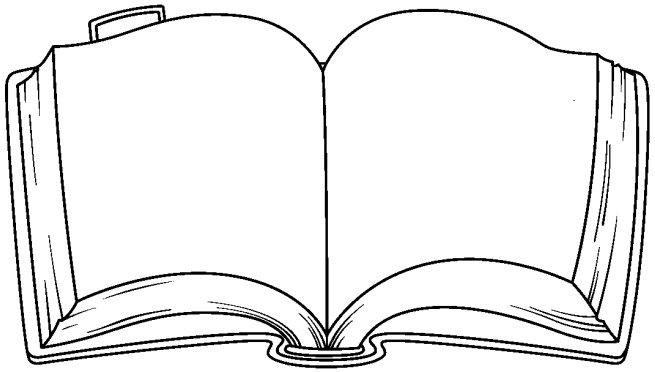
- Lantern template
- Strips of construction paper
- Tissue paper squares
- Pre-cut Poster board circles
- Scotch tape
- Glue
- Scissors
- Crayons/Colored Pencils
- *Optional: battery candle lights that flicker*

Procedure:

1. **SAY:** Salaam Alaikum, everyone! Who can remind me why we are here today? (Wait for responses).
2. **SAY:** Yes, we are here to remember Sayyidah Fatimah (a). We are here to remember her life and to learn from her actions. One thing Sayyidah Fatimah (a) did was read the Quran. She had a strong connection to Allah and to the Quran. Sayyidah Fatimah (a) said, "The wisdom in the Quran will take you from the darkness of ignorance to the light of knowledge." What does this tell us about the Quran? (Wait for answers.)
3. **SAY:** Yes, exactly! We see that it is important for us to have a good connection to the Quran. Reading the Quran regularly will help us like a light guiding us in the dark.
4. **SAY:** Today we are going to make Quran lanterns to help us remember to read the Quran.
5. At this time, hand out the lantern template to each child. On the side with no lines, have the children color all over the paper with crayons.
6. Now they should flip the paper over to the other side and fold up the bottom at the solid line labeled "B."
7. Then have the children cut slits along the dotted lines up to the fold line.
8. Then, they should fold both sides of the paper at the solid lines labeled "C" and "D."
9. Now they should fold down the top at the solid line labeled "A."
10. Then, help the children cut out the book along the outside edges of the image, being careful not to rip the paper.
11. Next, hand out a tissue paper square to each child. The children will tape it onto the book cut-out. Make sure they tape all four corners, the top, and the bottom of the tissue paper square to hold it into place.
12. Now have them hold the piece of paper up with the tissue paper facing them. They should bring the sides together by hooking the tops into one another and taping it into place. Once in place, the children can use tape to seal the part which is overlapping. Adjust the lantern so that it is a cylinder.
13. Next, have the children turn the lantern upside down so that the fringe is on top. Adjust the fringe so that it becomes the bottom of the lantern and the fringe folds down nicely.
14. Then, they should tape the fringe down on top of each other so that they stay together. Glue the poster board circle on top of the fringe. Turn the lantern right side up.
15. Now, take a strip of construction paper and tape or glue each end in the inside of the lantern to create a handle.
16. *Optional*: turn on a battery candle light and put it inside the lantern.

A

C



D

B

Lesson 3: Sayyidah Fatimah's Necklace

Objective: Children will learn about giving with an open heart, as seen through the actions of Sayyidah Fatimah (a).

Time: 40 minutes

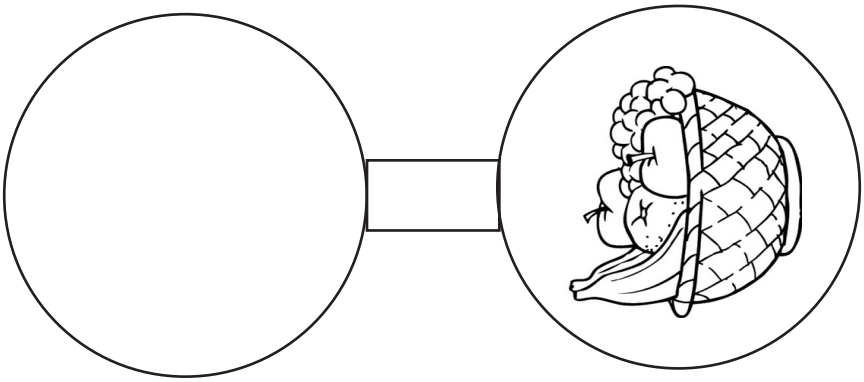
Suggested Ages: 5+

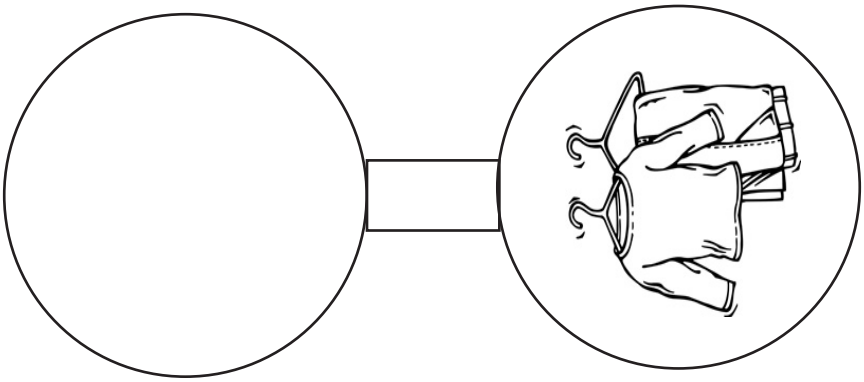
Materials:

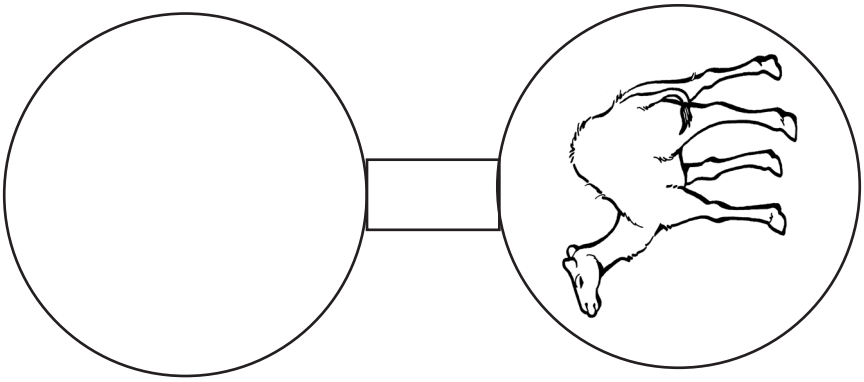
- Necklace template
- String/Yarn
- Scissors
- Crayons
- *Optional: beads*

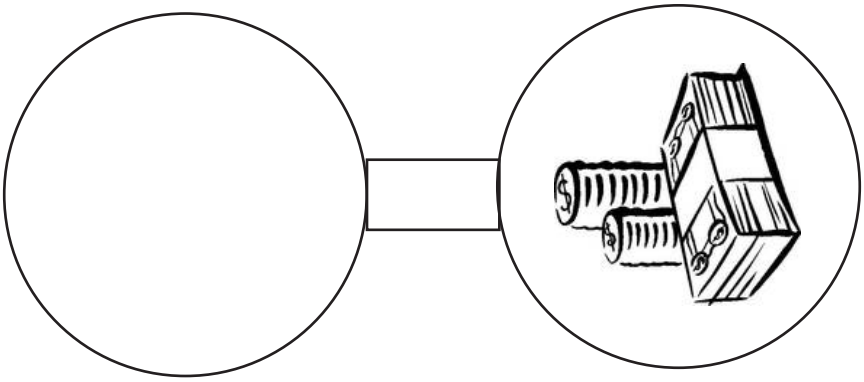
Procedures:

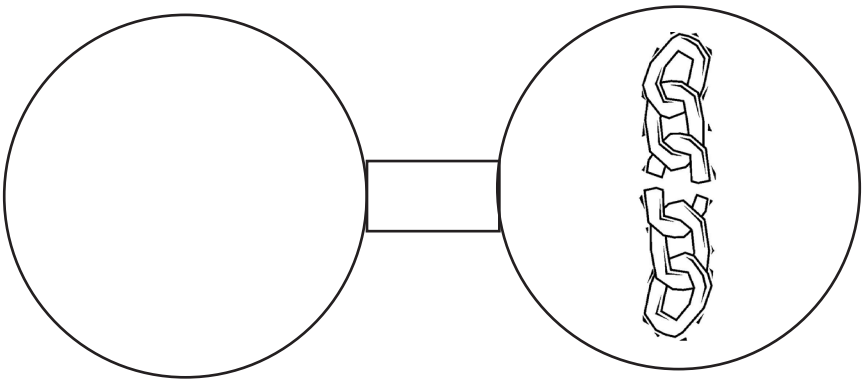
1. **SAY:** Salaam Alaikum, everyone! Who can tell me why we are here today? (Wait for answers).
2. **SAY:** Yes, we are here to remember Sayyidah Fatimah (a) during the days of her shahaadat. Today we are going to talk about Sayyidah Fatimah's generosity and kindness. She always gave to those in need, and she knew giving with an open heart makes Allah happy. What are some things we can give to those in need? (Wait for answers).
3. **SAY:** Great answers! Once, there was an old man who came crying to the masjid. When Prophet Muhammad (s) asked him what was wrong, he said that he was poor, sick, and hungry. The Noble Prophet (s) told him to go to the house of Sayyidah Fatimah (a). The old man went, and when Sayyidah Fatimah (a) heard his story, she felt sad and wanted to help the old man. Then she had a great idea! She gave the old man a necklace she had just gotten as a gift and told him to sell it so that he may buy food and clothes. Happy, the old man went back to the masjid to tell the Prophet (s) the good news! The Prophet (s) was happy to hear of the kindness of Sayyidah Fatimah (a). Ammar, one of the Prophet's companions, asked if he could buy the necklace. The Prophet (s) agreed. For the necklace, Ammar gave the old man not just money, but clothes, food, and a camel, all for the necklace. Now the old man was no longer helpless! Then, Ammar took the necklace, put it in a cloth, and gave it to his servant to return back to Sayyidah Fatimah (a), telling him that now he would be the servant of Sayyidah Fatimah (a). The servant went and told Sayyidah Fatimah (a) the whole story, and that he would now serve her. She smiled, took the necklace, and told the servant that he was free. The servant began to laugh. Sayyidah Fatimah (a) asked him why he was laughing. The freed servant replied, "I am joyous because of the blessings of this necklace. This necklace fed a hungry man, clothed a man, gave a man who was walking a new camel, made a man wealthy, and now has freed a slave. Then by the grace of Allah, it has come back to its owner!" From this story we have learned about the kindness of Sayyidah Fatimah (a), and the blessings charity brings to those who give with an open heart and for the sake of Allah. Today we are going to make a necklace to represent the necklace of Sayyidah Fatimah (a) which had many blessings.
4. At this time, hand out the necklace template to each child.
5. Have the children color all the illustrations in the different circles on the page. These will be used as the beads on the necklace.
6. There are 5 pairs of circles, each connected to each other by a small rectangle shape. The children will cut out each shape, including the middle piece, to have 5 dumbbell shapes.
7. After they have cut out all of the circles, have them line up all of the shapes upside down with the colored side face down. Then they will place the string/yarn on top of them across the middle piece of the shape.
8. Then have them put glue on one circle and carefully fold the other one on top, so that the two circles meet and the string is in between, making a necklace.
9. *Optional*: slide some beads through the string before placing it across the paper cutouts. When gluing the circle shapes together, have the beads such so that they are in between the paper circle beads. You can make any pattern you like.











Lesson 4: The Bright Star of Guidance

Objective: Children will learn about the guidance of Sayyidah Fatimah (a) and the Ahlul Kisa.

Time: 40 minutes

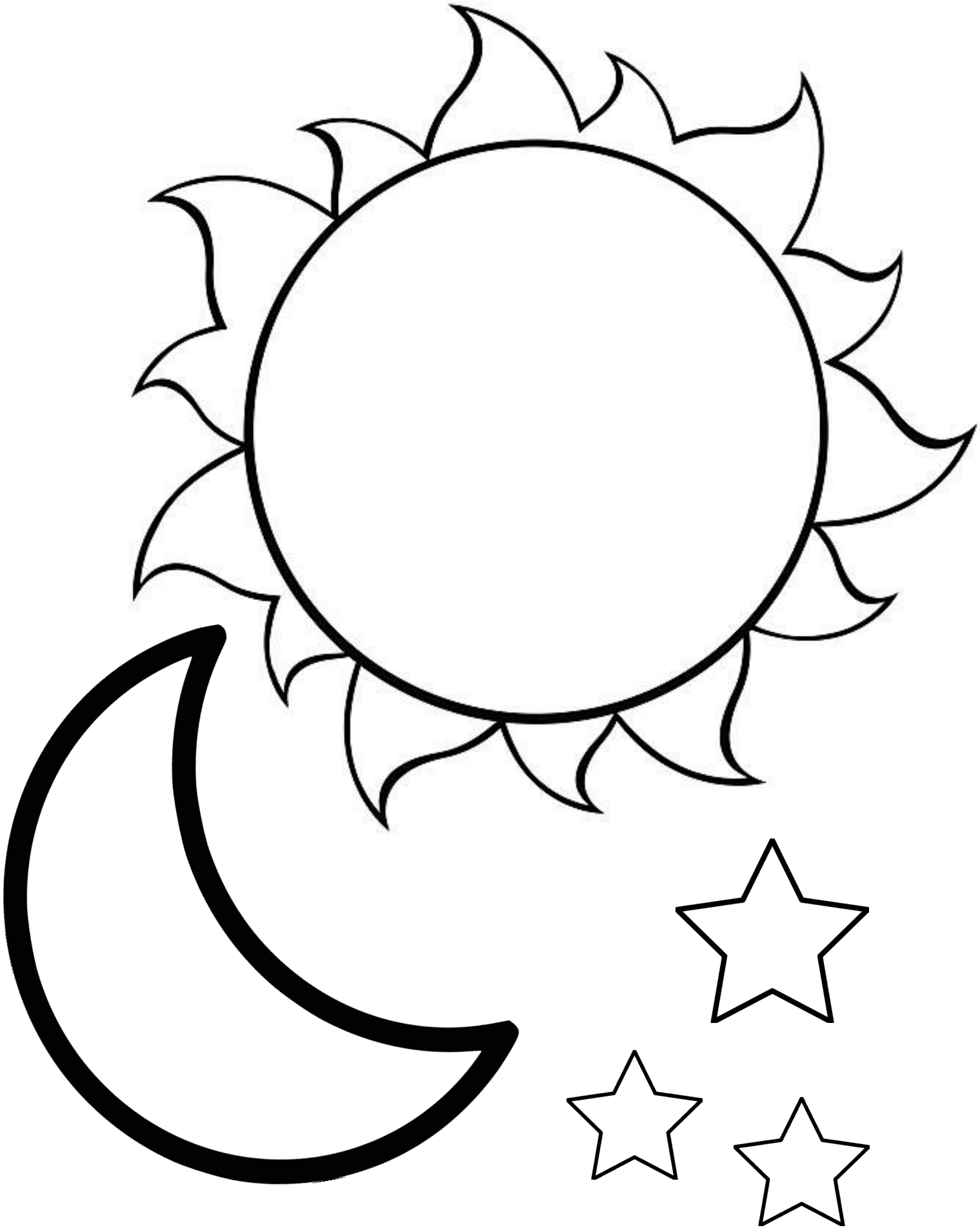
Suggested Ages: 5+

Materials:

- Sun, Moon, Stars template
- Scissors
- Glue
- Crayons/Colored Pencils
- Markers

Procedures:

1. **SAY:** Salaam Alaikum, everyone! Can anyone tell me who we have been talking about these past few days? (Wait for answers).
2. **SAY:** Yes, we are remembering the life of Sayyidah Fatimah (a). Today we are going to talk about her family. Who was Sayyidah Fatimah's father? (Wait for answers).
3. **SAY:** MashaAllah, yes, it was Prophet Muhammad (s)! Who else is part of Sayyidah Fatimah's family? (Wait for responses. Wait till at least Imam Ali (a), Imam Hasan (a), and Imam Husain (a) are mentioned).
4. **SAY:** Very good! Yes, these 5 people are known as the Ahlul Kisa or Ahlul Bayt. Prophet Muhammad (s) had always told the people of the importance of these honorable people. Once, he said to his companions, "Look for the sun; when the sun is hidden in the night, look for the moon. When the moon is hidden, search for the evening star; and when that, too, is hidden, look for the two bright stars in the Ursa Minor." His companions asked him, "O Prophet of Allah, who is the sun?" He replied, "I am the sun." They asked, "Who is the moon?" He replied, "Ali." The companions asked, "Who is the evening star?" The Prophet (s) replied, "Fatimah." They asked, "Who are the two stars of the Ursa Minor?" He answered, "Hasan and Husain."
5. **SAY:** With this, the Prophet (s) clearly showed the path of guidance to the Islamic Ummah. He compared himself as being the bright sun of guidance, Imam Ali (a) as the glowing moon that a person turns to and benefits from when the sun is hidden, and compared Sayyidah Fatimah (a), Imam Hasan (a), and Imam Husain (a) to the bright stars of guidance towards Allah.
6. At this time, hand out the sun moon stars template to each child.
7. Have the children color the sun, moon, and stars.
8. Next, the children should carefully cut out each shape.
9. Then, have them glue the moon shape on top of the sun. Next, glue the 3 stars next to the moon.
10. After they are done, they may write on the sun "Prophet Muhammad (s)", on the moon "Imam Ali (a)", on the larger star "Sayyidah Fatimah (a)", and on the 2 smaller stars "Imam Hasan (a)" and "Imam Husain (a)".



Lesson 5: Praying for Others

Objective: Children will learn about Sayyidah Fatimah (a) and her special prayers.

Time: 40 minutes

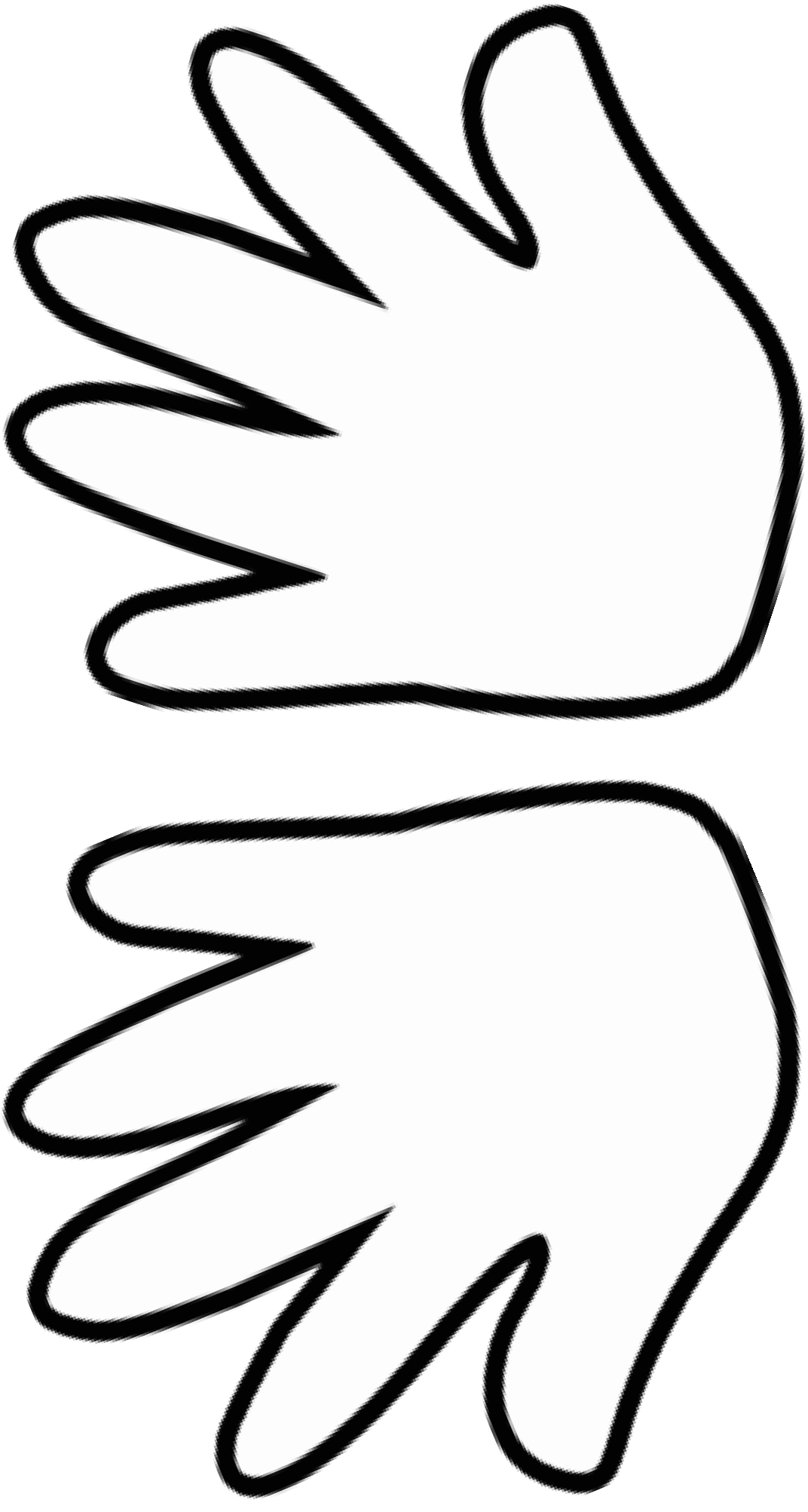
Suggested Ages: 5+

Materials:

- Prayer Hands template
- Scissors
- Glue
- Crayons/Colored Pencils
- Markers

Procedures:

1. **SAY:** Salaam Alaikum, everyone! Who can tell me why we are here today? (Wait for answers).
2. **SAY:** Yes, we are here to remember Sayyidah Fatimah (a). Today we are going to talk about praying for others. Can anyone give an example of who we can pray for? (Wait for responses).
3. **SAY:** Yes, very good! We should pray for our parents, or friends, and people in our community. Sayyidah Fatimah (a) always remembered to pray for others. Imam Hasan (a) narrates in a story, "I saw my mother in the prayer site (mihrab) on Friday night when she continuously performed ruku and sajdah until the sun rose. I heard her praying for the believing men and women; she would mention their names and sincerely prayed for them, but asked nothing for herself. I said to her, 'My dear mother! Why don't you pray for yourself as you pray for others?' She replied, 'My son, we must first pray for our neighbours (i.e. others) and then for ourselves.'"
4. **SAY:** From this story, we can see how caring Sayyidah Fatimah (a) was, how she always thought about others and prayed for them. We should always pray for our fellow brothers and sisters, especially when they need it the most. If everyone prayed for each other, no one would be left out of Allah's blessings and mercy!
5. At this time, hand out praying hands template to each child.
6. Have the children color and decorate the hands however they like.
7. Then, have them cut out the hands.
8. The children should glue the the hands together at the wrists such that they look like they are open in prayer.
9. Now, the children should write down who they can pray for.



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